

Eagle TaeKwon-Do

15th Houston Invitational TaeKwon-Do Tournament (H.I.T.T.)

May 18, 2019

Place:

Champion Forest Baptist Church
15555 Stuebner-Airline
Houston, TX 77069

Entry Fee:

\$50, any or all events
White Belt through Black Belt

Registration:

Mail completed form to:
Eagle TaeKwon Do
7259 Stonegate Drive
Houston, Texas 77040

The release form must be signed, including parent's signature, if contestant is under 18 years of age.

Registrations taken at door are \$60.

PLEASE REGISTER BY May 4, 2019.

Please make checks payable to **Eagle TKD.**



Schedule:

8:30 Start check-in

9:00 Start Patterns Competitions and Breaking

Breaking Competition continues concurrent with other events.

Events:

Patterns

Only International TaeKwon-Do Patterns allowed

Sparring

ITF Continuous Sparring Rules*

Breaking

Two techniques

- Inward/outward knife-hand
- Side piercing kick

- Re-breakable plastic boards
- Points assigned to color of board
- Break your choice of boards
- Score determined by total points of all breaks
- Tie-break by sudden death breaks in reverse order as listed

Information:

Mr. Denny: 281-513-5425

Veterans Memorial Dr. is Steubner-Airline north of FM 1960 W.

*All competitors/all ranks are required to wear headgear. (church insurance requirement)